

V. ALLOW JESUS TO IMPROVE YOUR DIFFICULT RELATIONSHIPS

“You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.” Psalm 23:5

“Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, “Vengeance is Mine, I will repay,” says the Lord.” Romans 12:19

“He heals the brokenhearted And binds up their wounds.” Psalm 147:3

“For He satisfies the longing soul, And fills the hungry soul with goodness.” Psalm 107:9

VI. ALLOW JESUS TO PROVIDE CONFIDENCE FOR YOUR FUTURE

“Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the LORD Forever.” Psalm 23:6

“Oh, taste and see that the LORD is good; Blessed is the man who trusts in Him!” Psalm 34:8

“Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.” Hebrews 4:16

“And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, there you may be also.” John 14:3

Is Jesus Your Shepherd?

“14 I am the good shepherd; and I know My sheep, and am known by My own.”

27 My sheep hear My voice, and I know them, and they follow Me.

28 And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand.” John 10:14, 27-28

STRESSBUSTERS

Living With The Lord As My Shepherd

Pastor Steve Reynolds

INTRODUCTION

A. Are you ready to bust your stress? In these tough times you long for a more peaceful life. Our Stressbusters teaching series will show you how to bust six forms of stress. This series is based on the famous Psalm 23. This powerful Psalm, written by David, has given comfort to countless people.

“For we do not want you to be ignorant, brethren, of our trouble which came to us in Asia: that we were burdened beyond measure, above strength, so that we despaired even of life.”

II Corinthians 1:8

B. Watch this series and find the ultimate relief for the daily stresses of your life. The messages include:

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| May 10 | Busting The Stress Of Worry |
| May 17 | Busting The Stress Of Damaged Emotions |
| May 24 | Busting The Stress Of Indecision |
| May 31 | Busting The Stress Of Dark Valleys |
| June 7 | Busting The Stress Of Difficult Relationships |
| June 14 | Busting The Stress Of The Future |
| TODAY | Living With The Lord As My Shepherd |

C. **TEXT:** Psalm 23:1-6 (Pew Bible/Page 537/Old Testament)

LIVING WITH THE LORD AS MY SHEPHERD

I. ALLOW JESUS TO CALM YOUR WORRY

*1 The LORD is my shepherd; I shall not want.
2 He makes me to lie down in green pastures; He leads me
beside the still waters.”* Psalm 23:1-2

*“He will feed His flock like a shepherd; He will gather the
lambs with His arm, And carry them in His bosom, And gently
lead those who are with young.”* Isaiah 40:11

*“And my God shall supply all your need according to His
riches in glory by Christ Jesus.”* Philippians 4:19

II. ALLOW JESUS TO HEAL YOUR EMOTIONS

“He restores my soul; ...” Psalm 23:3a

*“Why are you cast down, O my soul? And why are you
disquieted within me? Hope in God, for I shall yet praise Him
For the help of His countenance.”* Psalm 42:5

*“31 Let all bitterness, wrath, anger, clamor, and evil speaking
be put away from you, with all malice.
32 And be kind to one another, tenderhearted, forgiving one
another, even as God in Christ forgave you.”*
Ephesians 4:31-32

III. ALLOW JESUS TO GUIDE YOUR DECISIONS

*“...He leads me in the paths of righteousness For His name’s
sake.”* Psalm 23:3b

*“All we like sheep have gone astray; We have turned, every
one, to his own way; And the LORD has laid on Him the iniquity
of us all.”* Isaiah 53:6

*“The humble He guides in justice, And the humble He teaches
His way.”* Psalm 25:9

IV. ALLOW JESUS TO GET YOU THROUGH YOUR DARK VALLEYS

*“Yea, though I walk through the valley of the shadow of death,
I will fear no evil; For You are with me; Your rod and Your
staff, they comfort me.”* Psalm 23:4

*“When you pass through the waters, I will be with you; And
through the rivers, they shall not overflow you. When you walk
through the fire, you shall not be burned, Nor shall the flame
scorch you.”* Isaiah 43:2

*“I sought the LORD, and He heard me, And delivered me from
all my fears.”* Psalm 34:4