

BE A BRINGER


“40 One of the two who heard John speak, and followed Him, was Andrew, Simon Peter’s brother. 41 He first found his own brother Simon, and said to him, “We have found the Messiah” (which is translated, the Christ). 42 And he brought him to Jesus....”
John 1:40-42a

A bringer makes one touch each week by investing and inviting someone to Christ and church.

Name three people you will pray for their salvation this week:


PRAYER REQUESTS FOR THE WEEK

“Moreover, as for me, far be it from me that I should sin against the LORD in ceasing to pray for you;....” I Samuel 12:23a



MISSIONARY OF THE WEEK

Steve & Debbie Poston | Mexico



PRAY

- Pray for Steve as he awaits biopsy results for a mass that was found on his pancreas. The surgeon believes it is likely cancerous. Once a final determination is made, Steve will begin the recommended treatment plan and if operable, he will have surgery to remove the tumor.

- Pray specifically for a miracle and for complete healing for Steve.

PRAISE

- Even with this life changing event, Steve and Debbie have remained in good spirits, knowing that God is in control.

ANXIOUS FOR NOTHING

Handout: 10/27/24

Study Date: 11/03/24

Fight On Your Knees

The Apostle Paul's instruction to live free of anxiety sounds wonderful, but his original readers may have wondered if that was truly possible. Many Christians are asking that same question today. After all, life is full of troubling situations, and we as humans tend to view anxiety as a reasonable response when they arise.

Philippians 4:6 offers a better way to handle our cares. The main point of this verse is to release concerns quickly and continually to God. While that might be simple to understand, it can be difficult to do. But Paul promised that if we can learn and practice this skill, we'll experience more peace and joy every day.

The intended audience for this letter was the church in Philippi. Paul felt a great kinship with this congregation, as they had shared in his ministry over a period of years. The Apostle was aware that his imprisonment looked like a disheartening setback, so he intentionally focused on joy throughout the letter:

- He prayed with joy for "all God's holy people in Christ Jesus at Philippi...". (1:4)
- He rejoiced that "in every way" Christ is being preached. (1:18)
- He pleaded for the church members to be one in spirit and mind. (2:2)
- He called for Christ's followers to rejoice. (3:1, 4:4)

Another of Paul's themes here is that maturing in the faith shows honor to God. He gave some examples of how to live that out: growing in character, living in a Christ-like way, being unified with brothers and sisters, and seeking the good of others. Verse 5 of chapter 4, "The Lord is near," is a figure of speech Paul uses to encourage the church to live in anticipation of Christ's return.

Verse 6 becomes a lesson about keeping our joy in the midst of difficulties. Paul clearly set the goal - "Do not be anxious about anything." Then, he explained what to do instead "in every situation." His approach includes four elements: prayer, petition, thanksgiving and presenting. Doing this, Paul promised, would have positive effects on the emotional, mental and spiritual health of a person.

Resource: biblestudytools.com

KEY VERSE

Philippians 4:6 (NKJV)

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.”

Read Philippians 4:4-9 Every Day!

WEEKLY READINGS

Monday: Philippians 4:6; Matthew 11:28; Jeremiah 32:27

Prayer Is Talking to God

1. Matthew 11:28 starts out with the statement “*come to me.*” God is clearly calling us to commune with Him! How often do YOU?
2. What important detail is Jeremiah 32:27 sharing with us in regard to “how” we need to address “our great” God? How do we need to approach Him?

Tuesday: Philippians 4:6; Psalm 55:22; II Thessalonians 3:16

Choose Prayer Over Despair

3. Who do we need to “*cast our burdens*” on according to Psalm 55:22?
4. Philippians 4:6 tells us to request everything “*by prayer and supplication.*” What according to II Thessalonians 3:16 will be “given” to us if we do?

Wednesday: Philippians 4:6; Luke 12:7; Luke 18:1

Ask For Heaven’s Help For Everything

5. According to Luke 12:7 “*the very hairs on your head are numbered.*” What does this verse speak to us in terms of how much our God cares for us?
6. Surely there are times in life when we are tempted to “hold back” things we should be lifting up to the Lord. What does Luke 18:1 tell us to do instead?

Thursday: Phl. 4:6; Psalm 150:6; II Cor. 1:3-4; Luke 18:40-41

Make Specific Requests To God

7. Philippians 4:6 commands us to lift up our prayers with “*supplication.*” What is this telling us in terms of our prayers needing to be specific?
8. According to Psalm 150:6, what don’t we want to leave out of our prayers to our Father in Heaven? (*****) should always be part of prayer?
9. As we learn and grow spiritually we seek to bring comfort to others in need. How will we be “equipped” to do so according to II Corinthians 1:3-4?

Friday: Phl. 4:6; Ephesians 5:20; Psalm 103:1-2; I Peter. 5:6-7

Season Your Prayers With Gratitude And Leave It With God

10. Philippians 4:6 reminds us that it is with “*thanksgiving*” that we pray to God! How does Ephesians 5:20 “guide us” in making this our practice?
11. Psalm 103:1-2 begins with “*Bless the Lord*” and continues with “*and all that is within me.*” What also must we “*forget not*” according to verse 2?
12. While we are comforted by I Peter 5:7 that we may “*cast our cares upon Him,*” we must “(*****) *ourselves*” according to verse 6?