V. RESOLVE CONFLICTS POSITIVELY

²⁹ "Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers." Ephesians 4:29

Attack the problem, not the person.

¹⁸ "There is one who speaks like the piercings of a sword, but the tongue of the wise promotes health."

Proverbs 12:18

¹⁴ "For all the law is fulfilled in one word, even in this: "You shall love your neighbor as yourself."

15 But if you bite and devour one another, beware lest you be consumed by one another!" Galatians 5:14-15

12 "Hatred stirs up strife, but love covers all sins."

Proverbs 10:12

⁸ "And above all things have fervent love for one another, for "love will cover a multitude of sins.""

I Peter 4:8

VI. RESOLVE CONFLICTS FORGIVINGLY

³⁰ "And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

³¹ Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice.

³² And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you."

Ephesians 4:30-32

Decide to forgive.

¹³ "bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do." Colossians 3:13

19 "Husbands, love your wives and do not be bitter toward them." Colossians 3:19

WIN CONFLICT RESOLUTION AT HOME

WINNING AT HOME Winning Conflict Resolution At Home Pastor Steve Reynolds

Introduction:

A. Homes are not just built. They are WON. The reality is modern family life is extremely complex, often dysfunctional, and very painful. Is there hope? YES! You can win at home through a strong connection to God.

"I Unless the Lord builds the house, they labor in vain who build it..." Psalm 127:1

B. We were not created to do life alone. Everyone needs help from time to time. Join us for the Winning At Home Teaching Series and be equipped with six practical skills to strengthen your home.

You will discover how to have healthy relationships in every family situation whether single, married, kids, empty nesters, whatever.

Feb 16	Winning Faith At Home
Feb 23	Winning Communication At Home
TODAY	Winning Conflict Resolution At Home
Mar 9	Winning Tech At Home
Mar 16	Winning Balance At Home
Mar 23	Winning Parenting At Home

C. TEXT: Ephesians 4:25-32

HOW TO WIN CONFLICT RESOLUTION AT HOME

Winning At Home Skill #3: Developing a conflict resolution strategy that positively and completely resolves conflicts.

²⁹ "Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers." Ephesians 4:29

I. RESOLVE CONFLICTS HONESTLY

25 "Therefore, putting away lying, "Let each one of you speak truth with his neighbor," for we are members of one another." Ephesians 4:25

Be truthful in a loving manner.

¹⁵ "but, speaking the truth in love, may grow up in all things into Him who is the head—Christ—"

Ephesians 4:15

²² "Lying lips are an abomination to the LORD, but those who deal truthfully are His delight." Proverbs 12:22

II. RESOLVE CONFLICTS CALMLY

²⁶ "Be angry, and do not sin..."

Ephesians 4:26a

Keep anger in check.

¹ "A soft answer turns away wrath, but a harsh word stirs up anger." Proverbs 15:1

III. RESOLVE CONFLICTS DAILY

²⁶"...do not let the sun go down on your wrath,
²⁷ nor give place to the devil." Ephesians 4:26-27

Do not go to bed angry.

34"... Sufficient for the day is its own trouble."

Matthew 6:34b

¹⁵ "looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;" Hebrews 12:15

IV. RESOLVE CONFLICTS VICTORIOUSLY

²⁸ "Let him who stole steal no longer, but rather let him labor, working with his hands what is good, that he may have something to give him who has need."

Ephesians 4:28

Figure out a resolution.

³ "It is honorable for a man to stop striving, since any fool can start a quarrel." Proverbs 20:3

¹⁰ "By pride comes nothing but strife..." Proverbs 13:10a

¹⁵ "Moreover, if your brother sins against you, go and tell him his fault between you and him alone. If he hears you, you have gained your brother." Matthew 18:15

¹⁹ "So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath;" James 1:19

⁵ "but He did not respect Cain and his offering. And Cain was very angry, and his countenance fell.

⁸ Now Cain talked with Abel his brother; and it came to pass, when they were in the field, that Cain rose up against Abel his brother and killed him." Genesis 4:5. 8