

IV. REFOCUS YOUR LIFE ON THE BIBLE

A. Discipline your mind.

⁵ *“casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,”*

II Corinthians 10:5

B. Fill your heart with the Word of God.

¹¹ *“Your word I have hidden in my heart, That I might not sin against You.”*

Psalms 119:11

V. SEEK SUPPORT FROM OTHERS

A. Find a partner.

¹ *“Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted.*

² *Bear one another’s burdens, and so fulfill the law of Christ.”*

Galatians 6:1-2

B. Join a group.

⁹ *“Two are better than one, because they have a good reward for their labor.*

¹⁰ *For if they fall, one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him up.”*

Ecclesiastes 4:9-10

PROTECTION: ASK FOR DELIVERANCE

LORD, TEACH ME TO PRAY

Protection: Ask For Deliverance

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Introduction:

A. DO YOU CRAVE A MORE POWERFUL PRAYER LIFE?

Join us for the Lord, Teach Me To Pray six-week series! This will be a transforming study of the Lord’s Prayer which is found in Luke 11:1-13.

The Disciples spent nearly three years in ministry with Jesus. They saw Him heal the sick, multiply food and walk on water. They witnessed His power.

The Disciples could have asked Him to teach them anything. But because they understood the secret to Jesus’ power was prayer they asked...

“Lord, teach us to pray” (Luke 11:1b).

Jesus responded by giving them a prayer list.

B. The Lord, Teach Me To Pray series will teach you the “5 P’s of Prayer” which will lead to a greater sense of God’s power in your daily life.

Aug 16	The Power Of Prayer
Aug 23	Begin With Praise
Aug 30	Purpose: Ask For God's Will
Sept 13	Provision: Ask For Daily Needs
Sept 20	Pardon: Ask For Forgiveness
TODAY	Protection: Ask For Deliverance

TEXT: Luke 11:2-4

“...and do not lead us into temptation, but deliver us from the evil one.” Luke 11:4b

Request for spiritual direction and safety to resist temptation.

HOW TO ASK GOD FOR DELIVERANCE

I. UNDERSTAND THE NATURE OF TEMPTATION

A. Temptation is not sin.

¹⁵ *"For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin."*
Hebrews 4:15

B. Temptation does not come from God, but from your selfish desires.

¹³ *"Let no one say when he is tempted, 'I am tempted by God'; for God cannot be tempted by evil, nor does He Himself tempt anyone."*

¹⁴ *"But each one is tempted when he is drawn away by his own desires and enticed."* James 1:13-14

C. Temptation can always be overcome.

¹³ *"No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it."* I Corinthians 10:13

¹⁶ *"I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh."* Galatians 5:16

II. IDENTIFY WHAT MAKES YOU MOST VULNERABLE

A. You have particular areas of extreme weakness.

¹ *"Therefore, we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,"* Hebrews 12:1

B. Watch and pray to discover areas of extreme weakness.

⁴¹ *"Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak."*
Matthew 26:41

- When are you most tempted?
- Where are you most tempted?
- Who is with you when you are most tempted?
- What temporary benefit do you get when you give in?
- How do you feel right before you are tempted?

II. ESTABLISH A PLAN TO AVOID IT

A. Prepare ahead, don't wait until you're in it.

¹⁴ *"But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts."* Romans 13:14

B. Stay far away from it.

²⁶ *"Ponder the path of your feet, And let all your ways be established."*

²⁷ *"Do not turn to the right or the left; Remove your foot from evil."* Proverbs 4:26-27