

IV. ADDRESS CONFLICTS QUICKLY TO RESTORE PEACE

Follow this P.E.A.C.E. strategy to resolve conflicts:

A. Plan a peace conference

¹⁵ *"Moreover, if your brother sins against you, go and tell him his fault between you and him alone. If he hears you, you have gained your brother."* Matthew 18:15

B. Empathize with their feelings.

⁸ *"Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous;"* I Peter 3:8

C. Attack the problem, not the person.

²⁹ *"Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers."* Ephesians 4:29

D. Cooperate as much as possible.

¹⁸ *"If it is possible, as much as depends on you, live peaceably with all men."* Romans 12:18

E. Emphasize reconciliation, not resolution.

¹⁸ *"Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation,"* II Corinthians 5:18

PEACE: OVERCOME WORRY AND CONFLICT

JUICY FRUIT Transform Your Character

Peace: Overcoming Worry & Conflict Pastor Steve Reynolds

Introduction:

A. When life squeezes you, what character spills out?

Character matters.

Your true character is revealed during adversity. Unfortunately, many times, what spills out is not positive.

It's time to transform your character and experience the "juicy life" found through the Fruit Of The Spirit.

B. Join us for our 9-week Fall Spiritual Growth Campaign and Teaching Series called JUICY FRUIT: TRANSFORM YOUR CHARACTER. Each week we will do a deep dive into one of the nine fruits of the Spirit. These are godly character traits that God wants to develop in your life.

²² *"But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness,*

²³ *gentleness, self-control. Against such there is no law."*
Galatians 5:22-23

Oct 4	Love: Being The Hands & Feet Of Jesus
Oct 11	Joy: Experiencing Joy At All Times
TODAY	Peace: Overcoming Worry & Conflict
Oct 25	Patience: Trusting God While You Wait
Nov 1	Kindness: Showing Genuine Care
Nov 8	Goodness: Choosing To Do Right
Nov 15	Faithfulness: Unwavering Commitment To God
Nov 22	Gentleness: Managing Anger
Nov 29	Self-Control: Mastering Impulses & Actions

TEXT: John 16:33

The Key Verse For Juicy Fruit Peace:

³³ *"These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."*
John 16:33

HOW TO OVERCOME WORRY & CONFLICT

Here is what the “juicy life” process looks like:

Fruit of the Spirit plus Consistency plus Time equals Godly Character.

I. ASK GOD TO GIVE YOU PEACE

A. Begin each day asking for God's peace.

¹⁶ *"Now may the Lord of peace Himself give you peace always in every way. The Lord be with you all."*

II Thessalonians 3:16

B. What is God's peace?

- The Greek word for “peace,” *eirene*, refers to both internal peace in our hearts and relational peace with others.
- The opposite of peace is anxiety and conflict. Anxiety is inner turmoil in your heart when you lack the fruit of peace. Conflict is outer turmoil in your relationships when you lack the fruit of peace.

II. ACCEPT JESUS TO RECEIVE PEACE

A. Jesus provides peace with God.

¹ *"Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ"*

Romans 5:1

B. Jesus provides the peace of God.

⁶ *"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

⁷ *and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."*

Philippians 4:6-7

III. ABANDON HABITS THAT ROB PEACE

A. Habit #1: Living in sin.

²² *"There is no peace," says the LORD, 'for the wicked.'*
Isaiah 48:22

B. Habit #2: Not being content.

¹¹ *"Not that I speak in regard to need, for I have learned in whatever state I am, to be content:"*

Philippians 4:11

C. Habit #3: Not having a daily quiet time or weekly church attendance.

³ *"You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You."*

Isaiah 26:3

D. Habit #4: Excessive time on social media and other forms of media.

⁶ *"For to be carnally minded is death, but to be spiritually minded is life and peace."*

Romans 8:6

E. Habit #5: Unforgiveness and Bitterness

³¹ *"Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice."*

³² *And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you."*

Ephesians 4:31-32

F. Habit #6: Self-Reliance

⁵ *"Trust in the LORD with all your heart, and lean not on your own understanding;*

⁶ *In all your ways acknowledge Him, and He shall direct your paths."*

Proverbs 3:5-6